

## Mission

Bringing stability, strength, hope and wellness to community members through a comprehensive approach to care, advocacy and service.

Creating stronger communities by developing stronger community members.

## Vision

To fund, develop and implement community based projects/programs that facilitate support, advocacy, capacity building and personal development based on the twelve social determinants of health.

**social determinants of health**



culture	employment/working conditions
social environments	physical environments
social support network	biology and genetic endowment
personal health practices/coping	gender
income and social status	healthy child development
education and literacy	health services

## Community Resource Centre

17-31 First St. S. (Hew Building)  
Beausejour, Manitoba

Our facility includes:

- Lending library
- Coffee support drop-in
- Counselling supports
- Community network meetings
- Space available for family meetings and parent-child playroom.



For more information,  
contact us at:

Box 1698,  
Beausejour, Manitoba, R0E 0C0  
Phone: (204) 268-2506  
Cell: (204) 268-5922  
Fax: (204) 268-9490  
Web: [www.network4change.ca](http://www.network4change.ca)



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## Road 2 Success

A client centered program designed to assist youth in overcoming barriers and challenges through a holistic and comprehensive approach to care.

Through the coordination of integrated services assist youth ages 16-29 in overcoming their personal & environmental challenges allowing for the opportunity to experience success in reaching personal goals.

- \* Opportunity to Experience Success
- \* Building Self Esteem & Confidence
- \* Life, Employment and Social Skill Enhancement
- \* Positive Community Connection
- \* Cooperative Self Management
- \* Team Building Experience
- \* Supportive Guidance

Program participants will have the opportunity to engage in a number of different workshops;

- \* Pre-Employment skill development
- \* Life Skills - Independent Living Skills
- \* Personal Wellness - self esteem enrichment
- \* Driver's Prep - tutor supports preparing to write the beginner's exam
- \* Connecting Youth to Community - positive community service projects

## Family Advocacy

### Triple P Positive Parenting Program



As we all know, kids don't come with an instruction manual so chances are, if you're a parent or carer, you've come to here for help with a specific problem, like tantrums or sleeping, bullying or teenage withdrawal.

Or maybe you've heard of Triple P and want to know a bit more about it - who they are, what they do and how we can help you.

Perhaps you don't have a specific problem but just want some easy to understand information and tips on parenting in general and what to expect at your child's stage of development.

### Helping Out Parents Early (HOPE) Outreach

This program is staffed by a full-time Family Outreach Worker. The supports offered include:

- Welcome Baby visits
- Support and advocacy for families with children aged between 0-11
- Parent-child play, activities, literacy
- Child development groups
- Parenting skill enhancement workshops
- Home visitation and support
- Transportation to appointments

### Nobody's Perfect



A parenting education and support program for parents of children from birth to age five, designed to meet the needs of parents who are young, single, socially or geographically isolated or who have low income or limited formal education.

## Adult Academic Supports

Tutoring support offered in a variety of Agassiz Adult Education and/or Red River Community College courses. Assistance can also be offered in filling out application forms, student loan applications and financial sponsorship forms. Contact us for more information.

## Brokenhead Literacy Group/Adult Literacy Tutorial

- Language and literacy workshops/presentations
- Adult literacy tutoring/supports for all levels
- Tutorial supports for academic courses
- Career cruising
- Essential work skills